

FOR IMMEDIATE RELEASE
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UTAHNS RECEIVE NATIONAL TRAIL AWARDS

St. George -- Three Utah residents were honored by the American Trails Board at the 17th Annual National Trails Symposium held in Austin, Texas last month. Jane Lambert of St. George, Bryan Carter of Cedar City, and David Olsen of Moab were recognized for their substantial contributions to trails in Utah over the past several years.

State Trails Coordinator John Knudson presented the awards to Lambert, Olsen, and Carter at the Utah Trails and Pathways Conference banquet November 4 in St. George.

Jane Lambert received the inaugural *Trails for Health Award*. She is chair of the Physical Activity Workgroup of the Alliance for Cardiovascular Health in Utah, and has served as a key player in creating policy and programs for Active Community Environments throughout Utah.

Programs implemented include a public awareness campaign, and the Utah Walks Mile Tracker and Gold Medal Mile Walks programs; all designed to encourage Utahns to become more physically active. Lambert also worked for trail improvements including Draper's Porter Rockwell Trail along the Jordan River Parkway, and pedestrian safety improvements such as pedestrian ramps and countdown timers at crosswalks.

The *Utah Trail Worker of the Year Award* was presented to Bryan Carter, off-highway vehicle coordinator for the Cedar City Ranger District of the USDA Forest Service. Since 2000, Carter has been actively involved educating community groups and other agencies about riding opportunities, and the importance of caring for our natural resources.

Carter's greatest achievement is creation of the Markaguant ATV System map, a partnership with the Bryce Canyon Natural History Association. He is also responsible for coordinating trail signage efforts throughout the three counties in the Markagaunt ATV System.

David Olsen received the *Utah Trails Advocate Award* for his involvement in non-motorized trail development in Grand County. Olsen recognized the need for a pathway to accommodate not only experienced cyclists, but also small children, people with disabilities, and families. His vision helped create the Mill Creek Parkway, a project that continues to grow with assistance from local, state, and federal monies. Carter worked to increase awareness, acceptance and desire for non-motorized routes in the county. He has convinced local governments of the benefits of parks and trails through tangible results.

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